Reading POD: Clap your hands.

**Warmer:**Talk to the kids as they come in. Warmer game: have the kids stand up and do a physical warm up with them. 10- jumping jacks, 9- walking knee hugs, 8-arm circles each way, 7- side shuffles, 6- backpedaling, 5- lunges, 4- squats, 3-leg swings, 2- inchworms, 1- karaoke.

Here is a website that would show you what each exercise is in case you or the kids don’t know.

<https://www.activekids.com/soccer/articles/10-dynamic-warm-up-exercises-for-youth-athletes/slide-11>

**Reading 1:**First coach reads the story to the students

**Vocabulary:**

* Have the kids read the word and do the action.
* After quiz the kids by saying the word and have them do the action. You can make a little game out of it and see who can do it the fastest. Whoever wins can pic the next word.

**Reading 2:**Reading Freeze-Have the kids pick out their favorite color/fruit/food/silly word etc.

* As the coach reads the story again the students are instructed to look out for the vocabulary words.
* When the coach reads that word the students is to yell, the color/fruit/food/silly word picked while doing the action.

**OR**

* You can have the kids do the action when you get to that work example clap, the kids start clapping etc.

**Student reading:**students take turns reading each page.

* When the students struggle give them a second to work out the word for themselves before helping them.

**Game:**  for the game you can play tongue twisters.

**The Ultimate List of Tongue Twisters**

Unique New York

Three free throws

Red Leather, Yellow Leather

I thought a thought.  
But the thought I thought wasn’t the thought I thought I thought.

One-One was a racehorse.  
Two-Two was one, too.  
When One-One won one race, Two-Two won one, too.

Say this sharply, say this sweetly,  
Say this shortly, say this softly.  
Say this sixteen times very quickly.

Rubber Baby Buggy Bumpers! (Repeat. Increase the tempo.)

Silly Sally swiftly shooed seven silly sheep.  
The seven silly sheep Silly Sally shooed Shilly-shallied south.  
These sheep shouldn’t sleep in a shack; Sheep should sleep in a shed.

Red Bulb Blue Bulb Red Bulb Blue Bulb Red Bulb Blue Bulb

Red Blood Blue Blood

I wish to wish the wish you wish to wish, but if you wish the wish the witch wishes, I won’t wish the wish you wish to wish.

She sells seashells on the seashore.

Mix a box of mixed biscuits with a boxed biscuit mixer.

A proper copper coffee pot.

Toy boat. Toy boat. Toy boat.

Betty bought butter but the butter was bitter, so Betty bought better butter to make the bitter butter better.

I thought a thought.  
But the thought I thought wasn’t the thought I thought I thought.  
If the thought I thought I thought had been the thought I thought, I wouldn’t have thought so much.

How much wood could a wood chuck; chuck if a wood chuck could chuck wood.

Comical economists.

Which wristwatches are Swiss wristwatches?

Peter Piper picked a peck of pickled peppers,  
A peck of pickled peppers Peter Piper picked.  
If Peter Piper picked a peck of pickled peppers,  
Where’s the peck of pickled peppers Peter Piper picked?

Sascha sews slightly slashed sheets shut.

She should shun the shinning sun.

The big black back brake broke badly.

The big beautiful blue balloon burst.

A shapeless sash sags slowly.

Smelly shoes and socks shock sisters.

Which wrist watches are Swiss wrist watches?

Dick kicks sticky bricks.

Shave a single shingle thin.

Stick strictly six sticks stumps.

Cinnamon aluminum linoleum.

New York is unanimously universally unique.

Cooks cook cupcakes quickly.

Flora’s freshly fried fish.

A bragging baker baked black bread.

Buy blue blueberry biscuits before bedtime.

She sold six shabby sheared sheep on ship.

The sixth sick sheik’s son slept.

These thousand tricky tongue twisters trip thrillingly off the tongue

If the kids don’t like this game, you can play would you rather, hang man (or just draw a teddy bear not hanging) or Simon says.